



Modified Cricket Blast Rules

Here's a simple summary of the U8 Cricket Blast rules that we follow at Lindfield game days, to help make things easier for players and parents.

Bowling and Fielding

- All overs are bowled from the same end.
- After each over, the fielders rotate around in a circle so everyone gets a turn in different positions.
- No fielder can stand within 10m of the batter until the ball is hit.
- No balls and wides are **not re-bowled**. A ball is called a no ball or wide if it is:
 - Dangerous
 - Above waist height on the full, or bouncing above shoulder height
 - Too wide or bouncing/rolling too many times to be hit
- *After a no ball or wide, the batter gets a **free hit from the tee** (must be hit forward).*

Batting

- Players bat in pairs for **2 overs each**.
- Soft ball and wooden bats are used.
- Batters swap ends when they are out and at the end of each over.
- If a batter faces 3 balls in a row, they must swap ends.
- Umpires can adjust to make sure each batter faces about **12 balls each**.
- No LBWs.

Skill Zone

While waiting to bat, players can head to the **Skill Zone**. Here, club players help guide them with simple batting and bowling practice. This keeps kids active and learning, instead of waiting on the sidelines.